



[curo-group.co.uk/  
dementia](http://curo-group.co.uk/dementia)

01225 366135

# Rural Independent Living Service



Helping people live  
well with dementia and  
memory issues


# Help at home

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Are you worried about your memory? Can you remember your wedding day or holidays in the past but forget what you had for breakfast, or what you saw on the TV last night?

We can all forget things, but if you are concerned that your, or a loved one's memory is getting worse then help and support are available through Curo's Rural Independent Living Service.

As part of our service we can provide a personal alarm that allows users to live independently with peace of mind.



Alarm linked to a 24hr call centre - to get support when you need it

Waterproof, lightweight neck or wrist pendant

Quick and easy to install, with a range of up to 50 metres

# How we can help

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You can talk to us in confidence - whether it's about you or a loved one. The Rural Independent Living Service is a free personalised service tailored to your needs.

We are a dedicated service offering confidential advice and support for everyone living in rural B&NES.

## Our support services includes:

- Home visits
- Wellbeing phone calls
- Information about health and how to access treatment
- Helping you complete forms and applications
- Practical advice on home aids and adaptations
- Getting to appointments
- Memory Cafés
- A safe reliable service commissioned by B&NES Council

# Memory Café

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Our regular Memory Cafés are a welcoming place to socialise and take a bit of time out in good company - whilst finding out more about what support is available.



## Interested?

Whether it's for you, or one of your friends or family, please give us a call on **01225 366135**

Or email **[ILS@curo-group.co.uk](mailto:ILS@curo-group.co.uk)** and let's see how we can help.

When you contact us we'll:

- Explain the service and the kind of support we can provide for you
- Arrange a visit from one of our experienced staff to answer any questions you have

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# What do our customers say?

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“I like the Memory Café because I don't have to explain myself - people are patient and they understand if you can't remember the word for something.”

“Knowing you are there and your visits to mum are a tremendous support to us and give us peace of mind.”



**An award-winning service**  
Community Impact Awards:

- ✓ Overall winner: England
- ✓ Overall winner: South West
- ✓ Better Health award

NATIONAL  
HOUSING  
FEDERATION **AWARDS**  
community  
**impact**

**GIVE US  
A CALL**  
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Live chat, socials, email & more  
[curo-group.co.uk/contact](https://curo-group.co.uk/contact)



If you would like this leaflet in an  
alternative format please get in touch.